

## **Testwale Current Affairs PDF**

Current Affairs search results for: "Ayurveda Day"

### **1. UK Parliament honours Tanuja Nesari with Ayurveda Ratna award ( July 5, 2022 )**

All India Institute of Ayurveda (AIIA) Director Tanuja Nesari has been conferred with the Ayurveda Ratna Award by the UK Parliament.

- The UK All-Party Parliamentary Group on Indian Traditional Science (ITSappg) presented the award in recognition of his contribution to promoting the development of Ayurveda in India and abroad.
- The award was presented on the occasion of International Day of Yoga (June 21).
- The All-Party Parliamentary Group on Indian Traditional Science was formed in 2014 with the aim of spreading the knowledge of Ayurveda, Yoga, Astrology, Vastu, Unani and Sangeet to the United Kingdom and abroad.
- **About All India Institute of Ayurveda (AIIA)**
  - Establishment - 2017
  - Headquarters - New Delhi

### **2. WHO Global centre for Traditional medicine in India ( March 26, 2022 )**

The World Health Organisation (WHO) has signed an agreement with the government of India to set up a WHO Global Centre for Traditional Medicine (GCTM) in Jamnagar, Gujarat. The Agreement was signed on 25 March 2022 in Geneva by the Secretary, Ministry of Ayush Vaidya Rajesh Kotecha, and Director General, WHO Dr. Tedros Adhanom Ghebreyesus.

- The Government of India will invest \$250 million in the center .
- The primary objective of GCTM is to harness the potential of traditional medicine from across the world through modern science and technology and improve overall health of the communities' world over.
- The WHO centre will be under the Ministry of AYUSH.
- It is the only such centre on traditional medicine of WHO in the world.

### **Traditional Medicine**

- According to the WHO, Traditional medicine is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness.

### **AYUSH (Ayurveda, Yoga, Unani, Siddha, Homoeopathy)**

- The Ministry of AYUSH was set up on the 9th of November 2014 to revive the knowledge of traditional Indian systems of medicine.

- It focuses on education and research in the fields of Ayurveda, Yoga Naturopathy, Unani, Siddha, and Homoeopathy.
- Minister of AYUSH: **Sarbananda Sonowal**

### **World Health Organisation (WHO)**

- The World Health Organisation is a specialised agency of the United Nations which was founded on 7 April, 1948.
- Every year 7 April is celebrated as “World Health Day”.
- Headquarters of WHO : Geneva, Switzerland
- Director General of WHO : Tedros Adhanom Ghebreyesus of Ethiopia .
- He was elected as WHO director General in 2017 and later re-elected in 2022 for a period of 5 years.

### **3. WHO Global centre for Traditional medicine in India . ( March 9, 2022 )**

The World Health Organisation (WHO) has signed an agreement with the government of India to set up a WHO Global Centre for Traditional Medicine (WHO GCTM) in Jamnagar, Gujarat.

- The WHO centre will be under the Ministry of AYUSH.
- It is the only such centre on traditional medicine of WHO in the world.

### **Traditional Medicine**

- According to the WHO, Traditional medicine is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness.

### **AYUSH (Ayurveda, Yoga, Unani, Siddha, Homoeopathy)**

- The Ministry of AYUSH was set up on the 9th of November 2014 to revive the knowledge of traditional Indian systems of medicine.
- It focuses on education and research in the fields of Ayurveda, Yoga Naturopathy, Unani, Siddha, and Homoeopathy.
- Minister of AYUSH: **Sarbananda Sonowal**

### **World Health Organisation (WHO)**

- The World Health Organisation is a specialised agency of the United Nations which was founded on 7 April , 1948.
- Every year 7 April is celebrated as “World Health Day”.

- Headquarters of WHO : **Geneva ,Switzerland**
- Director General of WHO : **Tedros Adhanom Ghebreyesus of Ethiopia .**
- He was elected as WHO director General in 2017 and later re-elected in 2022 for a period of 5 years .

#### **4. Global Surya Namaskar on Makar Sankranti Day ( Jan. 10, 2022 )**

The Ministry of AYUSH( Ayurveda, Yoga, Naturopathy, Unani, Siddha, Sowa-Rigpa and Homoeopathy ) is organising a global Surya Namaskar demonstration programme for 75 lakh people on January 14, the day of Makar Sankranti.

Global Surya Namaskar on Makar Sankranti Day

- This occasion commemorates thanksgiving to 'Mother Nature' for bestowing health, wealth and happiness.
- According to the ministry ,the Surya Namaskar has been known to develop immunity and improve vitality, which is significant to our health during pandemic conditions. Exposure to the Sun further provides the human body with Vitamin D, which has been widely recommended in all medical branches around the world.
- Surya Namaskar is a set of eight 'asanas' performed in 12 steps with coordination of the body and mind. It is preferably performed in the early morning.

**Union Minister for AYUSH : Mr. Sabananda Sonowal**